



Speed Skating Ontario Provincial East #1

Hosted by the Ottawa Pacers Speed Skating Club

Date:	Sunday September 25, 2022 This meet is subject to change or cancellation due to COVID-19.
Location:	Bell Sensplex 1565 Maple Grove Rd, Kanata ON
Format:	This is an All Points and Ability format meet with mixed gender racing. See the 2022 -2023 Technical Bulletin for details.
Skater Eligibility:	SSC Club Skater (6-10); Youth Skaters (11, 12, 13); the following skaters that do not meet time standards for Elite: Neo-Junior (14, 15), Junior (16, 17, 18), Neo-Senior (19,20,21,22) Senior (23-29); and Masters
COVID-19:	All meets are required to follow all provincial and local public health guidelines. Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario
Entry Fee:	\$85.00 per person. No refunds after the close of all entries. No exceptions including medical circumstances.
Entry Deadline:	Wednesday September 14, 2022 at 11:59pm. There is no extended deadline.
Entries via:	All skaters must register here: https://forms.gle/fcxJTEvNNTiEqANY8
Check In:	Coaches should notify the Chief Meet Recorder or Chief Referee if any skaters are absent before warm-ups.
Volunteers:	If you are volunteering, you can sign-up here: https://signup.com/go/viSdesv
Coaches:	Coaches are required to register in advance of the meet HERE . The Coaches Meeting time/location will be shared within 72 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 72 hours before the meet.
Warm Ups	Warm Up Times will be confirmed with the final distribution.
Meet Contact:	Ainley McNamee meet@ottpacers.ca and Andrew Gimby President@ottpacers.ca
Equipment:	Please see D3-100 in the SSC Red Book .