



— ONTARIO —
SPEED SKATING
— ASSOCIATION —

TECHNICAL BULLETIN 2011-2012 SEASON

**2011-2012 COMPETITION CRITERIA
CHAMPIONSHIP SELECTION CRITERIA**

September 2011

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A. PURPOSE

The purpose of this Bulletin is to provide information concerning Competition Regulations that define the running of competitions and the eligibility of skaters for those competitions. Decisions noted in previous Technical Bulletins remain in effect unless they have been superseded in a later Bulletin.

The Bulletin will also be posted on OSSA's website at www.ontariospeedskating.ca

The order of precedence for speed skating rules for events sanctioned by OSSA is:

- This Technical Bulletin – 2011-2012 OSSA Technical Bulletin
- SSC Rule Book
- ISU Rule Book

PARTICIPANTS, COACHES, CLUB OFFICIALS AND PARENTS ARE REMINDED THAT A RULING BY THE CHIEF REFEREE AT ANY EVENT IS FINAL AND IS ONLY SUBJECT TO PROTEST/APPEAL IN ACCORDANCE WITH THE APPLICABLE REGULATIONS. OSSA'S CODE OF CONDUCT APPLIES IN ALL DEALINGS WITH MEET OFFICIALS.

Questions about the content of this Technical Bulletin may be directed to Jacqueline DesChenes, Director of Administration, at executivedirector@ontariospeedskating.ca or 705-652-9490.

C. OSSA AGE CLASSES – 2012-2012 SEASON

A skater's racing class shall be determined by his/her age on June 30th prior to the competition.

PeeWee	6-7
Bantam	8-9
Midget	10-11
Juvenile	12-13
Junior	14-15
Intermediate	16-17
Senior	18 and over

Note that for Gold Level (Ontario Cup) meets, Pee Wee and Bantam age classes are joined to form a Pre-Midget age class.

It should be noted that these age classes apply only to OSSA sanctioned events. Age classes for Speed Skating Canada meets are those prescribed in the applicable SSC bulletin.

D. OSSA RANKING LIST FORMAT AND PROCEDURES

The OSSA Ranking List is maintained by the OSSA Technical Committee and is updated immediately following the completion of any OSSA sanctioned event and at other times as necessary to update information that may not be correct or to include times from meets skated outside of Ontario.

In order for a time to be eligible to be included on the OSSA Ranking List the race must have been skated at a meet sanctioned by one of the following organizations:

- Speed Skating Canada
- Ontario Speed Skating Club
- Any other Provincial Branch as recognized by Speed Skating Canada
- US Speedskating American Cup events and North American Championships

Further, the race must have been skated on an ISU 111.12m track and be for a distance recognized by OSSA. Recognized distances include:

- 111m
- 222m
- 333m
- 500m
- 777m
- 1000m
- 1500m
- 3000m

Skaters requesting to have a race result included for a race skated outside of Ontario must provide a copy of the meet registration form indicating that the meet is appropriately sanctioned, as noted above, and that the track skated is/was an ISU 111.12m track. The skater must also include a copy of the meet protocol page showing the name and date of the competition, the race distance and the time skated. It is the responsibility of the skater to provide the requisite information to the OSSA Technical Committee. The Technical Committee is under no obligation to seek out out-of-province ranking information and will not include any race result on the ranking list in the absence of all requisite information.

The OSSA Technical Committee reserves the right to review the eligibility of all out-of-province meets prior to any results from that meet being included on the ranking list to ensure that the meet eligibility requirements have been met and that the meet afforded good and sufficient competition and officiating resulting in realistic and honest results.

E. OSSA MEET REQUIREMENTS FOR 2011 –2012 SEASON

Bronze Division: Introduction to Speed Skating Meets

- 80-100 skaters
- 1 day or ½ day meet
- Cater for skaters in your region – race 6-7 races in a short period of time, no sitting around (Ladder meets, bucket relays, etc. If clubs have other events, these should be sent to the Technical/Competition Committee for review and approval)
- Maximum 6 hour duration – start no earlier than 8:00am and finish no later than 5:00pm
- Ability groupings – newer skaters
- 3 shorter distances and relays
- No gold level skaters may skate unless members of the host club.
- Chief Officials should be a Level 1. Good training meet for junior officials. Chief referee to work with coaches in managing the competition.

Silver Division: Regional Ability Meets

- Maximum 180 skaters
- First Meet of the year – 2 day meet for all skaters preferably Olympic ice surface – one meet in both east and west – no restrictions – all skaters eligible
- Following the first meet:
 - 1 day meet
 - Ice from 8-6pm Saturday / Sunday
 - Ability groupings – Junior, Senior & Masters
 - 2 distances (ranking)
 - If numbers lower, may add relays
 - Gold division skaters will be cut if entered to reach optimum number of skaters.
 - Chief Officials should be Level 2. Could also be a Level 1 recommended by a Level 3. Chief Officials will be recommended by OSSA ODC

Gold Division: Ontario Cups

- Maximum 203 skaters
- Olympic Size Ice pad (30 x 60 meters)
- 2 Day Meet
- Saturday Ice from 8-5pm
- Sunday Ice from 8-4pm
- Age Class
- 4 distances
- Skaters qualify based on Ranking List
- Gold divisions skaters ranked at the top discouraged to skate Silver division meets
- Chief Officials should be Level 3. Could also be a Level 2 recommended by a Level 3. Chief officials will be assigned by OSSA ODC.

Platinum Division: Ontario Winter Games Trials

- 64 skaters
- Olympic Ice Pad (30 x 60 meters)
- 2 days
- Saturday Ice from 8-4pm
- Sunday Ice from 8-4pm
- 4 distances –format same as a Junior/Jenior Trials
- Ladies top 32 and Men top 32
- Qualified skaters Based on first two Ontario Cups and qualifying age for OWG requirements
- Chief Officials should be Level 3. Could also be a Level 2 if nominated by a Level 3. Chief officials will be assigned by OSSA ODC.

Provincials Championships

- Maximum TBD skaters
- Olympic Ice pad (30 x 60 meters)
- 2 Day Meet
- Saturday Ice from 8-5pm
- Sunday Ice from 8-4pm
- Age Class
- 4 distances
- Qualified skaters based on Ontario Cup points
- Chief Officials should be Level 3. Could also be a Level 2 nominated by a Level 3. Chief officials will be assigned by OSSA ODC.

Regional Championship and Master Championship

- Maximum 210 skaters
- Olympic Ice pad (30 x 60 meters)
- 2 Days
- Saturday Ice from 8-5pm
- Sunday Ice from 8-5pm
- Age Class
- 4 distances
- Skaters must have skated in at least one Silver Ability Meet during the season to qualify to participate (no first time racers)
- Chief Officials should be Level 3. Could also be a Level 2 nominated by a Level 3. Chief officials will be recommended by OSSA ODC.

Speed Skating Canada FORMAT

This season we expect all clubs to lay a 100.0m track (as found on the SSC website) as skaters may be skating on the both the 100.0m and 111.12m track at some competitions.

F. BRONZE LEVEL – CLUB ORGANIZED EVENTS

Definition: Competition in which seeding is done primarily on ability. These meets cater to skaters in the local region and involve race 6-7 races in a short period of time, with little time between races. Meet formats can include Ladder meets, bucket relays, etc. If clubs have other events, these should be sent to the Technical Committee for review and approval.

These meets would also include intra-club mini-meets and would usually involve a total ice allocation of no more than six hours (ie. from 8am-2pm or 9am-3pm Saturday or Sunday).

G. SILVER LEVEL – REGIONAL EVENTS

Definition: Competition in which seeding is done primarily on ability. That is to say that seed times prevail, for seeding purposes, over gender and age. In ability competitions, skaters of different age classes and gender may be grouped together within the different groupings below. Seed times submitted for entry will be 500m for both Master and Senior groupings and 333m for the Junior group.

Suggested Regional Series Warm-Up Times

8:00	Warm-ups Begin
8:42	Warm-ups Finish
9:00	Racing Begins

Regional Series Groupings

- Masters Group
 - Masters Women and Men
- Senior Group
 - Senior Women and Men
 - Intermediate Women and Men
 - Junior Women and Men
 - Juvenile Women and Men
- Junior Group
 - Midget Girls and Boys
 - Bantam Girls and Boys
 - Pee Wee Girls and Boys

1. At all Ability competitions, category names will be standardized by using the alphabetic call designations as follows: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Golf, Hotel, India, Juliet, Kilo, Lima, Mike, November, Oscar, Papa, Quebec, Romeo, Sierra, Tango, Uniform, Victor, Whiskey, X-ray, Yankee, Zulu. The Open A group must be designated as Alpha and then proceed down.
2. The groups may be skated in the opposite order starting with the lowest group and finishing with the top group, the Alphas at the discretion of the Meet Coordinator and the Chief Referee.
3. The Meet Coordinator and the Chief Recorder shall establish, to the extent possible, racing divisions of 15 skaters. In any case, the maximum size of a division shall be 15. The maximum number of skaters in a one-day Silver-Regional meet is 180. The maximum number of skaters in a two-day Silver-Regional meet is 210.
4. The race program for a one-day meet will consist of two distances. Therefore skaters will skate a minimum of four races as they are seeded into the distances. Distances to be determined by the Meet Coordinator in consultation with the Technical Committee.
 - a. Race Suggestions for one-day meets with groups where the majority of the skaters include:
 - i. Pee Wee – 111m, 222m
 - ii. Bantam – 222m, 333m
 - iii. Midget – 333m, 500m
 - iv. Juvenile – 500m, 777m
 - v. Junior & Open – 500m, 1000m
5. The race program for a two-day meet will consist of three distances. Therefore skaters will skate a minimum of six races as they are seeded into the distances. Distances to be determined by the Meet Coordinator in consultation with the Technical Committee. Time, and registrations permitting, a fourth distance may be skated at a two-day meet. It is suggested that this fourth distance be a repeat of a ranking distance for the majority of the skaters in the groups.
 - a. Race Suggestions for two-day meets with groups where the majority of the skaters include:
 - i. Pee Wee – 111m, 222m & 333m
 - ii. Bantam – 222m, 333m & 500m
 - iii. Midget – 333m, 500m & 777m
 - iv. Juvenile – 500m, 777m & 1000m
 - v. Junior & Open – 500m, 1000m & 1500m
6. Time, and registrations permitting, the Meet Coordinator, in consultation with the Chief Referee, may seed relay races. Relay races are to be mixed gender group specific. Junior relays will consist of PeeWee, Bantam and Midget skaters. Senior relays will consist of Junior, Juvenile and Intermediate skaters.
7. Racing rules and advancements from heats to finals will be in accordance with the following:

Shortest Distance (4 on the line)

<u>Group</u>	<u>Program</u>	<u>Advancement to Finals</u>
1-4	1 Final	
5-8	2 semis/2 finals	1 st , 2 nd to Final A (2+0) Rest to Finals B in order of heat times
9-12	3 heats/3 finals	1 st , next fastest time to Final A (1+1) Rest to Finals B-C in order of heat times
13-15	4 heats/4 finals	1 st to Final A (1+0) Rest to Finals C-D in order of heat times

Middle and Long Distance (5 on the line)

<u>Group</u>	<u>Program</u>	<u>Advancement to Finals</u>
1-5	1 final	
6-10	2 heats/2 finals	1 st , 2 nd , next fastest time to Final A (2+1) Remainder to Final B
11-15	3 heats/3 finals	1 st , next 2 fastest to Final A (1+2) Next 5 fastest to Final B Rest to Final C

8. **On an ice surface that is less than Olympic size (30m x 60m) the top two ability groupings (Alpha and Bravo) must skate all distances in groups of four.**
9. Masters skaters may set records in Ability competitions for their respective age classes when skating together with other masters regardless of age or gender.
10. All skaters who are registered with OSSA are eligible to skate at Silver-Regional meets. If the number of registered skaters for the meet exceeds the established maximum, those skaters ranked highest (on the current OSSA Ranking List) will have their registrations declined by the Meet Coordinator.
11. The OSSA Technical Committee will establish catchment boundaries for Silver-Regional Meets where there is no obvious East-West division based on the Clubs hosting the meets.
12. All registrations and coaches' meetings will take place on the morning of the first day of the Silver-Regional event. This applies to a two-day Silver-Regional event.

Silver- Regional Championships

The Silver-Regional Championships shall be seeded and skated as an age class meet with male and female skaters in gender specific groups for all age groups except Masters.

Masters will be skated as a "meet within a meet" and will be skated in gender specific, ability-based groups. The Masters meet will be recorded separately for the purposes of the meet management software. Group sizes will be established based on the number of registrants but will not exceed 15. The Meet Coordinator and Chief Referee will consult regarding the groups in order to ensure a safe and competitive environment.

Regional Ability Points

Final Points #1

Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points
1	1000	11	130	21	23	31	13	41	3
2	816	12	106	22	22	32	12	42	2
3	666	13	86	23	21	33	11	43	1
4	543	14	70	24	20	34	10	Others	1
5	443	15	57	25	19	35	9		
6	362	16	46	26	18	36	8		
7	295	17	37	27	17	37	7		
8	241	18	30	28	16	38	6		
9	196	19	25	29	15	39	5		
10	160	20	24	30	14	40	4		

Ties #2

A tie for 1 st	1000 points each, next skater 666 points
A tie for 2 nd	816 points each, next skater 543 points
A tie for 3 rd	666 points each, next skater 443 points
A tie for 4 th	543 points each, next skater 362 points
A tie for 5 th	Etc.

Disqualifications #3

Disqualifications in a heat will be placed into the lowest final or semi-final.

Disqualifications in a semi-final will be placed into the lowest eligible final.

Disqualifications in the final, will receive last place points for that final, behind any skaters who did not finish (DNF) the race, but ahead of skaters who did not start (DNS) the race. All disqualified skaters in a final receive last place points.

Order of finish – DNF – DQ* - DNS.

H. GOLD LEVEL - ONTARIO CUP CIRCUIT EVENTS

Specific time performance standards for entry into Ontario Cups will not be utilized for the 2011 – 2012 season. Instead a seed time ranking will be maintained per age category with a fixed number of entry positions for top ranked skaters per age category for Gold-Ontario Cup events. The distances utilized to calculate the seed time ranking per category and the fixed number of entry positions per category for Ontario Cups are outlined below.

Eligibility requirements, based on attending a certain number of the season's Ontario Cups, for entry into the Provincial Short Track Age Class Championships will be utilized for the 2011- 2012 season. Skaters will accumulate ranking points based on their finishing position per age category at each Ontario Cup event attended with a fixed number of entry positions for most ranking points accumulated per category for the Provincial Short Track Age Class Championships. This ranking will be based on the skater's top three of four Ontario Cup point totals. The ranking points awarded per finishing position are outlined below, and the fixed number of entry positions per category for the Ontario Short Track Age Class Championships are outlined later in this bulletin.

Coaches' and Officials' Meetings

Coaches' and Officials' meetings are to be held on the Saturday morning of the meet. Registrations will be confirmed by Clubs to the Meet Coordinator on the Friday night between 6:00pm and 7:30pm by telephone or email (Meet Coordinators will provide the "official" phone number and email address to Club Registrars – EMAIL CONFIRMATION IS PREFERRED). Clubs failing to confirm will be deemed to have confirmed all registrations and no refunds will be given.

Sanctions

Clubs hosting Ontario Cup meets must apply for and receive a Speed Skating Canada sanction for the meet. This sanction is required in order for times recorded at the meet to be considered for entry to other SSC sanctioned meets including Junior Trials, Prequalifiers, etc.

Timing

Clubs hosting Ontario Cup meets must ensure that electronic timing is used at the meet in order for the times recorded at the meet to be considered for entry to SSC sanctioned meets including Junior Trials, Prequalifiers, etc.

Equipment Requirements

Speed Skating Canada equipment requirements will be in force for all Ontario Cup meets.

Ranking

Skaters will be ranked on time in their respective category prior to each Ontario Cup event. The total time is the sum of the best times skated in the 2010 – 2011 season or during the current season for the two distances per category shown in the table below. The best times must be from event(s) completed before the registration deadline of the Ontario Cup for which the skater is registering.

Entry Process for the Ontario Short Track Cup Circuit

Once ranked, skaters within the number of fixed Ontario Cup Entry Positions will have first priority to be registered for the Ontario Cup event. Skaters ranked outside the number of fixed Ontario Cup Entry Positions will have second priority to be registered for the Ontario Cup event if other higher ranked skaters do not register for that event.

Skaters within the number of fixed Ontario Cup Entry Positions who do not register for a meet by the entry deadline, or who withdraw their registration for any reason, prior to the start of the Meet may not be re-entered into the Meet under any circumstances.

Skaters who have not skated in Ontario Cup 1, 2 or 3 are **NOT** eligible to skate in Ontario Cup 4 regardless of being ranked as eligible unless the skater has an eligible Bye for one or more of the first 4 Ontario Cups. Skaters who are eligible to skate Ontario Cup 1, 2 or 3 and who "fail to show" to at least one of the meets are ineligible to skate Ontario Cup 4. (Ontario Cup 4 **CANNOT** be a skater's first Ontario Cup experience of the skating season save and except for a skater with an eligible Bye for Ontario Cup 1, 2 or 3 as noted above).

Skaters who are ranked outside of the number of fixed Ontario Cup Entry Positions who wish to be considered to fill a vacant Entry Position are **instructed** to submit a registration form for the Ontario Cup event signifying their desire to be considered and their willingness to participate if an Entry Position becomes available. They will be contacted by the Meet Coordinator following the event

registration deadline to inform them of their selection to participate. If the Meet Coordinator is unable to contact and receive confirmation from a skater to be "called up" within a 24-hour period, that skater will be deemed to have rejected the invitation to participate in the meet and the next eligible skater may be contacted by the Meet Coordinator.

The Meet Coordinator and the host Club is under no obligation to fill any available Entry Positions should the ranked skaters choose not to skate at the meet.

Skater Withdrawal from Ontario Cup Circuit

A skater may withdraw from eligibility for Ontario Cup meets by notifying OSSA in writing of their desire to do so. This withdrawal will make the skater eligible for all Silver ability meets regardless of their position on the ranking list.

Once a skater has withdrawn from the Ontario Cup meets the withdrawal remains in effect for the balance of the season and cannot be rescinded or reversed under any circumstances and must be renewed at the beginning of each season.

Ontario Short Track Cup Formats

All Ontario Cups will be an age class event using standard formats, rules, and regulations skated on an ISU 111.12m track.

The Open A age class shall run the following schedule of distances:

Day 1: 1500m Heat and 1500 Final and 1000m Heat and Relays

Day 2: 1000m Semis and 1000m Final and 500m Heat, Semi and Final

The order of races at an Ontario Cup meet will always be as follows:

- the longest distance
- the middle distance
- relay races (as noted above)
- the shortest distance

Relay Format

Midget and Juvenile age groups will be skated together as a flight for relays. They will skate a 1500m relay. Junior and Open will be skated together as a flight for relays. They will skate a 3000m relay.

The Meet Coordinator and the Chief Referee will establish relays varying the size of teams (3 or 4 members) and the number of teams (3 or 4 teams) in order to include as many of the skaters present at the meet as possible.

Skaters will be seeded to Relays based on their position on the Ranking List entering the meet.

Ontario Cup Distances

Age Group	Distances
Open	500 – 1000 – 1500
Junior	500 – 1000 – 1500
Juvenile	500 – 777 – 1000
Midget	333 – 500 – 777
Pre-Midget	222 – 333 – 500

Pre-Midget skaters are encouraged to only participate in Ontario Cup meets that are "local" to their club.

Ontario Cup Coaching Certification Requirements

The Ontario Speed Skating Association has phased in coaching certification requirements for the Ontario Cup circuit and Provincial Short Track Championships as a way of developing coaching capacity. The certification requirements that will apply to the 2010-2011 season are as follows:

- NCCP fully certified Intro to Comp

In the Ontario Cup circuit and at the Provincial Short Track Championships, clubs will be limited to a maximum of two coaches or one coach and one Club official in the coaches' box at any given time. Clubs hosting the Ontario Cup or Provincial Short Track Championship event will be responsible for verifying the NCCP certification by way of a signed registry and providing the Chief Referee with the registry the first morning of the event.

Coaches in training and Club officials will be permitted in the coaches' box provided that they are accompanied by a certified coach and will comprise one of the two allowed positions for that club. If a Club does not have a Intro to Comp certified coach available they should contact the Coaching Development Committee for a waiver and a mentoring assignment with an available coach.

There is no limit to the number of coaches or Club officials who may attend an Ontario Cup or Provincial Championship Event and participate in the coaching and management of skaters for the event. This limitation applies solely to the instance of simultaneous attendance in the coaches' box.

Suggested Ontario Cup Warm-up Times

8:00-8:05	Open A Women and Junior Girls
8:06-8:11	Open A Men
8:12-8:17	Junior Men
8:18-8:23	Juvenile Girls
8:24-8:29	Juvenile Boys
8:30-8:35	Pre-Midget and Midget Girls
8:36-8:41	Pre-Midget and Midget Boys
8:42-8:55	Flood
9:00	Racing Begins

Meet Coordinators may adjust groupings and timing as necessary based on available ice and number of skaters.

Ontario Cup Short Track Seed Time Ranking

1. The Seed Time Ranking applies to all Ontario Cup meets.
2. Skaters will be seeded on time in their respective category prior to each Ontario Cup meet. The total seed time is the sum of the best times skated in the 2010-2011 season or the current season for the two distances per category shown in the table below. The best times must be from event(s) completed before the registration deadline of the Ontario Cup for which the skater is registering.
 - a. Ontario Cup #1 registration deadline October 19, 2011
 - b. Ontario Cup #2 registration deadline November 9, 2011
 - c. Ontario Cup #3 registration deadline December 7, 2011
 - d. Ontario Cup #4 registration deadline January 18, 2012
3. Intermediate and Senior skaters will be seeded together in Open.
4. Ranking lists will be published on the OSSA website prior to the entry deadline for each Ontario Cup event.
5. Ranked skaters within the number of fixed Ontario Cup Entry Positions have first priority to be registered for the Ontario Cup event. Skaters ranked within one-half outside the number of fixed Ontario Cup Entry Positions will have second priority to be registered for the Ontario Cup meet if eligible ranked skaters do not register for that meet. (Group of 15 – 22, Group of 16 – 24, Group of 20 – 30, Group of 24 – 36). The Meet Coordinator and Chief Referee have the final authority in whether a skater ranked outside the number of fixed Ontario Cup Entry Positions may skate at the meet. Skater safety and relative speed will be considered when determining whether to accept the entry. (Coaches are encouraged to counsel skaters as to the appropriateness of skating at Ontario Cups when a skater is ranked below the line based on a skaters' age, ability and development).

Category	Gender	Ranking Distances	Ontario Cup Entry Positions
Pre-Midget	Female	333m	15
	Male	333m	20
Midget	Female	500m	20
	Male	500m	24
Juvenile	Female	500m + 777m	24
	Male	500m + 777m	24
Junior	Female	500m + 1000m	20
	Male	500m + 1000m	24
Open	Female	500m + 1000m	12
	Male	500m + 1000m	20
			203

- ❖ The Female Open category includes eligible Intermediate, Senior and Master Skaters.
- ❖ The Male Open category includes eligible Intermediate, Senior and Master Skaters.

Out-of-Province (Juvenile and older) and Master skaters may enter Ontario Cup events provided they meet the seed ranking within their group. However, they may not take a position away from an Ontario or younger skater; instead the particular group will be ballooned by the number of Out-of-Province (Juvenile and older) or Master skaters entered. Out-of-Province (Juvenile and older) and Master skaters eligible to skate in an Open category will be seeded at the bottom of the group for the first meet skated for the season. Thereafter they are seeded within the group based on times skated in Ontario.

Out-of-Province (Juvenile and older) and Master skaters who wish to enter an Ontario Cup event must fit **within** the number of eligible Ontario Cup Entry Positions and **not** at the bottom of the eligible positions. For example; if the category allows 20 Ontario skaters to participate and the Out-of-Province (Juvenile and older) or Master would rank "21st" when placed within the ranking list, that skater is **not** eligible to skate at the Ontario Cup event.

Progression from Heats to Semi-Finals and Finals

Principle: Advancement to semi-finals and to primary finals will be first advanced on position and then time based on the advancement set for the race by the Meet Coordinator.

Shortest Distance (4 skaters per heat, 4 skaters per semi and final)

<u>Group</u>	<u>Program</u>	<u>Movement to Semis</u>	<u>Advancement to Finals</u>
1-4	1 Final		
5-8	2 semis/2 finals		1 st , 2 nd to Final A (2+0) Rest to Finals B-C in order of heat times
9-12	3 heats/3 finals		1 st , next fastest time to Final A (1+1) Rest to Finals B& C in order of heat times
13-16	4 heats/2 semis/4 finals	1 st , 2 nd to semis A and B (2+0)	1 st , 2 nd to Final A (2+0) Rest of semi-finalists to Final B Rest to Finals C-D in order of heat times
17-20	5 heats/2 semis/5finals	1 st , next 3 fastest times to semis A and B (1+3) Rest directly to finals	1 st , 2 nd to Final A (2+0) Rest of semi-finalists to Final B Rest to Finals C-E in order of heat times
21-24	6 heats/2 semis/6finals	1 st , next 2 fastest times to semis A and B (1+2) Rest directly to finals	1 st , 2 nd to Final A (2+0) Rest of semi-finalists to Final B Rest to Finals C-F in order of heat times
26-28	7 heats/2 semis/ 7 finals	1 st , next fastest times to semis A and B (1+1) Rest directly to finals	1 st , 2 nd to Final A (2+0) Rest of semi-finalists to Final B Rest to Finals C-G in order of heat times
29-30	8 heats/2 semis/8 finals	1 st , to semis A and B (1+0) Rest directly to finals	1 st , 2 nd to Final A (2+0) Rest of semi-finalists to Final B Rest to Finals C-H in order of heat times

Middle Distances (5 skaters per race)

Group	Program	Movement to Semis	Advancement to Finals
1-5	1 final		
6-10	2 heats/2 finals		1 st , 2 nd , next fastest time to Final A (2+1) Remainder to Final B
11-15	3 heats/3 finals		1 st , next 2 fastest to Final A (1+2) Next 5 fastest to Final B Rest to Final C
16-20	4 heats/2 semis/4 finals	1 st and 2 nd and next 2 fastest times to semis A and B (2+2) Rest directly to finals	1 st , 2 nd , next fastest time to Final A (2+1) Other semi-finalists to Final B Rest to Finals C-D in order of heat times
21-25	5 heats/2 semis/5 finals	1 st and 2 nd to semis A and B (2+0) Rest directly to finals	1 st , 2 nd , next fastest time to Final A (2+1) Other semi-finalists to Final B Rest to Finals C-E in order of heat times
26-30	6 heats/2 semis/6 finals	1 st , next 4 fastest times to semis A and B (1+4) Rest directly to finals	1 st , 2 nd , next fastest time to Final A (2+1) Other semi-finalists to Final B Rest to Finals C-F in order of heat times

Long Distances, as applicable (6 skaters per race)

Group	Program	Movement to Semis	Advancement to Finals
1-6	1 Final		
7-12	2 heats/2 finals		1 st , 2 nd , 3 rd to Final A (3+0) Rest to Final B
13-18	3 heats/3 finals		1 st , 2 nd to Final A (2+0) Rest to Finals B-C in order of heat times
19-24	4 heats/4 finals		1 st , next 2 fastest times to Final A (1+2) Rest to Finals B-D in order of heat times
25-30	5 heats/5 finals		1 st , next fastest time to Final A (1+1) Rest to Finals B-E in order of heat times

Ontario Cup Ranking Points

Final Points #1

Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points
1	1000	11	130	21	23	31	13	41	3
2	816	12	106	22	22	32	12	42	2
3	666	13	86	23	21	33	11	43	1
4	543	14	70	24	20	34	10	Others	1
5	443	15	57	25	19	35	9		
6	362	16	46	26	18	36	8		
7	295	17	37	27	17	37	7		
8	241	18	30	28	16	38	6		
9	196	19	25	29	15	39	5		
10	160	20	24	30	14	40	4		

Ties #2

A tie for 1 st	1000 points each, next skater 666 points
A tie for 2 nd	816 points each, next skater 543 points
A tie for 3 rd	666 points each, next skater 443 points
A tie for 4 th	543 points each, next skater 362 points
A tie for 5 th	Etc.

Disqualifications #3

Disqualifications in a heat will be placed into the lowest final or semi-final.

Disqualifications in a semi-final will be placed into the lowest eligible final.

Disqualifications in the final, will receive last place points for that final, behind any skaters who did not finish (DNF) the race, but ahead of skaters who did not start (DNS) the race. All disqualified skaters in a final receive last place points.

Order of finish – DNF – DQ* - DNS.

Ontario Cup Ranking Points, Ontario Cup Champion & Ontario Short Track Age Class Championships

1. Skaters will be awarded ranking points based on their overall finishing position per age category at Ontario Short Track Cup events. The accumulation of ranking points will be used to award an Ontario Short Track Cup Champion per age category and to determine which skaters will fill the fixed number of entry positions for the Ontario Short Track Age Class Championships. Skaters in the Open A category are further ranked according to their individual age category. The ranking points awarded per finishing position are outlined in Final Points table.

Example:

An Intermediate skater skating in Open A who finishes 3rd in the Open A category, but is the highest ranking Intermediate skater at the meet is awarded 1000 points. Similarly, if the next highest ranking Intermediate skater finishes 5th in the Open A category behind a Senior age category skater, that Intermediate skater is awarded 816 points.

2. Point ranking will be pro-rated based on the number of events attended provided that Byes were awarded by the Technical Committee.

Example A A skater competes in four Ontario Cup events and the top three point scores from the four events will be used to calculate their ranking.

A skater competes in three Ontario Cup events and all three point scores from the events will be used to calculate their ranking.

A skater competes in two Ontario Cup events and fails to skate in a third (and has not been granted a Bye) will be awarded "0" points for missed event and the total points from the two events will be used to calculate their ranking.

3. Skaters with the most accumulated ranking points per age category over their best three meets (as noted above) will be eligible to fill one of the fixed Entry Positions for the Provincial Short Track Age Class Championships

4. **Ontario Cup Short Track Champions**

A skater with the most accumulated ranking points over the four (4) Ontario Short Track Cup events will be named the Ontario Short Track Cup Champion in the following categories:

- Pre-Midget Female and Male
- Midget Female and Male
- Juvenile Female and Male
- Junior Female and Male
- Intermediate Female and Male
- Senior Female and Male

Only those skaters who have skated in all four Ontario Cup meets are eligible to be considered for the award of Ontario Cup Short Track Champion.

I. PLATIUM LEVEL – ONTARIO WINTER GAMES

Refer to a separate bulletin that will be issued by Technical Committee.

J. PROVINCIAL SHORT TRACK AGE CLASS CHAMPIONSHIPS

Refer to a separate bulletin that will be issued by Technical Committee.

Note the following:

1. The eligibility requirements for the Provincial Short Track Age Class Championships are entirely based on the skater accumulating enough Ontario Cup Ranking Points to be ranked within the number of Ontario Short Track Age Class Championships Fixed Entry Positions available based on the skater's three best showings at Ontario Cup meets.
2. Participation in a national ranking or qualifying event within either the Short Track or Long track disciplines, which is being held concurrently with an Ontario Cup competition, may serve as substitute competition towards the skater's Ontario Cup obligation subject to the receipt and approval of a Bye Application by the OSSA Technical Committee

K. CANADIAN SHORT TRACK AGE CLASS CHAMPIONSHIPS AND EASTERN CANADIAN REGIONAL CHAMPIONSHIPS SELECTION CRITERIA

Eligibility to participate as a member of an Ontario team at any of the SSC Short Track Championships will be based on the criteria set by SSC for the event in question.

SSC will issue the eligibility criteria for the relevant championship at least 90 days prior to the event. The OSSA Technical Committee will then publish the OSSA eligibility criteria at least 60 days prior to the event. The OSSA eligibility criteria will be based on the SSC eligibility criteria, but may, at the discretion of the OSSA Technical Committee, include additional criteria in order to result in the most competitive team possible based on the event in question.

While SSC will establish the primary criteria for the eligibility of any skater participating in the various championships, the primary selection criteria to be used by OSSA for the selection will be based on a skaters' position on a Championship ranking list.

The Championship ranking list will be developed using a combination of Ontario Cup points and points earned at the Ontario Short Track Age Class Championships. Ranking points from the best three finishes in the Ontario Short Track Cup Circuit will be multiplied by 0.4 and ranking points from the Ontario Short Track Age Class Championships will be multiplied by 0.6.

Pre-qualification, for the Intermediate and Senior age categories can occur for skaters who have a national ranking from the National Short Track Trials. These skaters must confirm their desire to participate in the Canadian Short Track Age Class Championships prior to the registration deadline for the Ontario Short Track Age Class Championships by submitting a Bye Application for consideration.

For the Canadian Eastern Regional Championships, the OSSA TC will be splitting the Ranking List by age year in accordance with SSC rules for this meet. Eligibility for the team will be determined using a combination of Ontario Cup points and points earned at the Ontario Short Track Age Class Championships. Numbers and team selection will be governed by an SSC bulletin to be published in January 2011.

L. ONTARIO LONG TRACK CUP CIRCUIT

Olympic Style Primers – Midget and Juvenile

Where time and facilities permit, it is strongly suggested that skaters in the Midget and Juvenile age categories be given the opportunity to skate Olympic Style 100m and 300m races. The introduction to this type of skating is an important step in the move to Olympic Style in older age categories and are age and development appropriate distances.

Age Appropriate Distances

Meet coordinators and organizers are strongly encouraged to limit the long distances skated by younger skaters and to instead increase the number of shorter races in a meet. Overly long distances, especially for new and novice skaters, can be daunting and are not in line with the Long Term Athlete Development Program.

Ontario Long Track Cup Ranking Points

Skaters will be awarded ranking points based on their overall finishing position per category at Ontario Long Track Cup events. The accumulation of ranking points will be used to award an Ontario Long Track Cup Champion per category, and be used in part to select skaters for the Canadian Long Track Age Class Championships. The ranking points awarded per finishing position are outlined in Annex B.

Ontario Long Track Cup Champions

Ranking points from the first Ontario Long Track event will be multiplied by 0.4, and the ranking points from the Ontario Long Track Age Class Championships will be multiplied by 0.6.

A skater with the most accumulated ranking points over the two (2) Ontario Long Track events will be named the Ontario Long Track Cup Champion in the following categories:

- Peewee Mass Start Female and Male
- Bantam Mass Start Female and Male
- Midget Mass Start Female and Male
- Juvenile Mass Start Female and Male
- Junior Mass Start Female and Male
- Junior Olympic Style Sprint Female and Male
- Junior Olympic Style All Round Female and Male
- Senior Olympic Style Sprint Female and Male
- Senior Olympic Style All Round Female and Male

Provincial Championships Coaching Certification Requirements

The Ontario Speed Skating Association has phased in coaching certification requirements for the Provincial Championships as a way of developing coaching capacity. The certification requirements that will apply are as follows:

- NCCP fully certified Intro to Comp

In the Provincial Championships, clubs will be limited to a maximum of two coaches or one coach and a Club official in the coaches' box at any given time. Clubs hosting the Provincial Championship event will be responsible for verifying the NCCP certification by way of a signed registry and providing the Chief Referee with the registry the first morning of the event.

Coaches in training and Club officials will be permitted in the coaches' box provided that they are accompanied by a certified coach and will comprise one of the two allowed positions for that club. If a Club does not have an Intro to Comp certified coach available they should contact the Coaching Development Committee for a waiver and a mentoring assignment with an available coach.

There is no limit to the number of coaches or Club officials who may attend the Provincial Championship Event and participate in the coaching and management of skaters for the event. This limitation applies solely to the instance of simultaneous attendance in the coaches' box.

M. CANADIAN LONG TRACK MASS START CHAMPIONSHIPS SELECTION CRITERIA

Eligibility to participate as a member of an Ontario team at any of the SSC Long Track Championships will be based on the criteria set by SSC for the event in question.

SSC will issue the eligibility criteria for the relevant championship at least 90 days prior to the event. The OSSA Technical Committee will then publish the OSSA eligibility criteria at least 60 days prior to the event. The OSSA eligibility criteria will be based on the SSC eligibility criteria, but may, at the discretion of the OSSA Technical Committee, include additional criteria in order to result in the most competitive team possible based on the event in question.

N. ONTARIO SPEED SKATING ASSOCIATION BYE GUIDELINES

1. Purpose

To provide the Technical Committee with guidelines for the granting of byes to skaters into or from competitions or onto provincial teams where qualifying criteria are required to be met.

2. Philosophy of Team Selection

The philosophy for team or event eligibility selection is to select the skaters that will achieve the best possible result for Ontario at different competitions (Canadian or North American Championships) or develop towards the highest level of performance (Canada Winter Games, Junior Championships, and/or Senior Ranking Events onto a national team).

The Technical Committee is determined to make the selection to these teams or events as objective as possible. To ensure this occurs the Committee will use, wherever possible, objective criteria such as time, placing at a specific competition/s, and ranking etc. as the foremost criteria in selecting skaters.

These criteria will be used at a specified selection event/s or a series of specified events.

In nominating the specific selection event/s, the Technical Committee will only nominate an event that occurs after the confirmation of the relevant selection policy. In all cases it is the intent of the Technical Committee that selection is earned through current performances in the specific selection events.

However, in exceptional circumstances a skater may not be able to compete in the relevant selection events. In this instance the skater is eligible to apply for selection under the Bye Clause as detailed below.

3. Bye Clause Selection Philosophy

(The Bye Clause will only apply to selection for specific competitions / events)

Due to exceptional circumstances (e.g. illness, injury, equipment break, etc) and through no fault of their own, a skater sometimes does not have the opportunity to compete in the nominated selection events. In this situation the skater may be eligible to apply for a bye selection to the relevant team.

The basic philosophy for selecting a skater by granting a bye is that, all things being equal, the skater given the bye has clearly demonstrated superior performances in previous competition to other skaters being considered for selection or advancement in ranking.

A bye request is considered as the last means by which a skater can gain selection and is intended to provide for exceptional circumstances outside the normal selection criteria rather than being part of the normal means by which a skater can gain selection or advancement.

4. Procedures under which a bye application can be made.

- a. Bye requests must be made in writing to the Technical Committee (see deadlines below)
- b. Only the skater, their parent or guardian, and/or coach can submit the request.
- c. If the bye request is made on the basis of an illness or injury the skater must provide documented evidence from a medical doctor. The Technical Committee has the right to request further independent medical review after the bye request has been submitted.
- d. If the bye request is made on the basis of equipment breakage this must be reported to, and verified by, the chief referee or Technical Committee representative immediately following the race in which the equipment breakage occurred.
- e. If the bye request is made on the basis of a conflicting engagement, including competing at another speed skating meet in another discipline (ST vs. LT or LT vs. ST) the skater must submit a written explanation prior to the registration deadline for the meet. In question. The Technical Committee has the right to request further evidence of the explanation after the bye request has been submitted.

5. Conditions for applying for a Bye

i. Bye request for a specific competition in the current skating season

Bye requests will be considered in four categories:

a) *Pre-competition illness or injury that prevents a skater from competing in an event.*

If the skater is ill or injured before the beginning of the event, a bye request must be made **before the coaches' meeting** of the event. The Technical Committee Representative must formally announce all bye requests at this meeting so that all other competitors are made aware of the possibility of a bye being granted.

A bye request will be ruled ineligible if the skater subsequently competes in the event.

In the case of selection being based upon participation at multiple events, a skater is eligible to apply for a bye request to a subsequent event if they are prevented from competing in one of the events due to a pre-existing illness or injury.

b) *Pre-competition conflicting engagement that prevents a skater from competing in an event.*

If a skater knows in advance that they will be unable to attend an event because of a conflicting engagement; a bye request must be made **before the registration deadline** of the event. The Technical Committee Representative must formally announce all bye requests at the coaches' meeting so that all other competitors are made aware of the possibility of a bye being granted.

A bye request is ruled ineligible if the skater subsequently competes in the event.

In the case of selection being based upon participation at multiple events, a skater is eligible to apply for a bye request to a subsequent event if they are prevented from competing in one of the events due to a conflicting engagement.

It should be noted that a skater will not be granted a Bye for a conflicting engagement that they "choose" to attend rather than attend an OSSA meet. (Example – a Bye will not be granted to a skater who chooses to skate in a meet in another province in the same discipline rather than attend an Ontario Cup meet).

c) *Injury, illness or equipment breakage during an event.*

A bye request must be made **within 48 hours** following the end of the event.

(See Clause 4d above for the reporting requirements for equipment breakage)

d) *Conflicting engagement or travel difficulty immediately prior an event.*

If a skater has registered for an event and is then unable to attend due to an unforeseen conflicting engagement or travel difficulty; a bye request must be made **within 48 hours** following the end of the event. (Please note that travel distance/inconvenience is not an acceptable travel difficulty – cancelled flights, late arrivals, etc. are eligible for consideration by the Technical Committee.)

In all four categories the bye request **must state clearly** what the skater is asking for, and supporting documentation (medical, race referee report etc) must be attached. The Technical Committee should also have confirmation (medical or other, if not a medical problem) that the skater will be at 100% of his/her capacity (physical, psychological, etc) to participate in the competition for which he/she has requested a bye.

ii. Bye request to a specific Team or a Competition for the season following the selection event/s.

This process is for the selection to a specific team such as the PDT or PTT.

The bye must be requested **within two weeks** following the final selection event. The bye application **must state clearly** what the skater is requesting, and appropriate documentation (medical, etc) **must be attached**.

The Technical Committee should also have confirmation (medical or other, if not a medical problem) that the skater will be at 100% of his/her capacity (physical, psychological, etc) to be on the team to which he/she has requested a bye.

6. Process for reviewing a Bye application

The following steps are involved in the process of considering a request for a bye.

- a) Following the final selection event for the respective team/event, the Technical Committee meets (in person or via conference call) to review the facts.
- b) In cases where multiple bye applications are lodged they will be assessed individually and on their own merit.
- c) Three members of the Technical Committee (who are not in conflict of interest) will review the facts and make a recommendation (with supporting rationale). If all members of the Technical Committee are in conflict of interest, then the OSSA Board of Directors will make the recommendation regarding the Bye application.
- d) If relevant, the Technical Committee will establish a revised ranking of skaters based upon the selection event/s and an assessment of previous performances from those who have requested a bye.
- e) From this revised ranking, the final selections will be made.
- f) These final selections will then be named as the "Team" or "eligible" and will be communicated to the skater/s requesting the bye, skater/s directly affected by the bye request, the coaches, and skaters' representatives.

7. Conditions for Granting a Bye

The basic question the Technical Committee must answer is whether the skater requesting the bye had a recent history of performances or other factors as listed below that demonstrate clear superiority of the skater requesting a bye to those of other skaters in consideration for selection.

The Technical Committee must also be certain that the skater requesting the bye would be able to compete at a similar level in the event or team for which they seek selection. The Technical Committee may award a "Conditional Bye" to skaters recovering from injury or illness. In this situation the skater may have certain conditions imposed. This could include, but is not limited to such things as a certain time frame, performance requirement etc.

In order to make these decisions, the Technical Committee will evaluate a number of elements including, but not limited to the following.

- a) Head-to-head competition results of the skaters being considered for selection.
- b) Past performances of the skater requesting the bye,
- c) Results of the selection competition (by skaters in contention for the team),
- d) Recent training and testing performances
- e) Medical evidence of suitability to compete
- f) Coach/Club Official evaluation and recommendations of suitability to compete

In evaluating past performances, the Technical Committee will assign priority to those performances from the 12 month period prior to the final selection event.

However, this is occasionally not possible because of injuries, or the lack of opportunity for the skaters to compete. In such instances performances beyond this 12-month period will be considered but will assume a lower value in assessing the bye request.

i. Long Track – Mass Start

In long track – mass start the Technical Committee may award a bye to a skater who is:

Faster than the last skater selected for an age class in two distances for that age class, or has place in the top two overall in the age class at a previous provincial competition.

In assessing the past performances of the skater requesting the bye and the history of the skaters involved, the Technical Committee will give priority to the best time (in sanctioned events) of the skaters involved during the current season.

ii. Short Track

In short track, the general guideline is that the Technical Committee judges that the skater being granted a bye would have finished clearly ahead of the last skater selected.

In making this judgment the Technical Committee will evaluate a number of elements including, but not limited to the following.

- a. Head-to-head competition results of the skaters being considered for selection,
- b. Past performances of the skater requesting the bye,
- c. Recent training and testing performances,
- d. Highest level of performance.

8. Appeals

Following the announcement of the "Team" or "Selection" the skater/s affected by the bye request decision has/have the opportunity to appeal this decision in accordance with the Ontario Speed Skating Association's Appeal Policy (OSSA Information Manual Article A8).

ONTARIO SPEED SKATING ASSOCIATION

BYE APPLICATION

A. Bye Applicant:

Name: _____ Age Class: _____ Club: _____
 Phone: _____ E-mail: _____

B. Event for Bye Request:

Event Name: _____ Event Date: _____ Event Location: _____

C. Reason for Bye Request (check one):

- Pre-competition illness or injury that prevents a skater from competing in an event.
 - bye request must be received before the coaches' meeting of the event
- Pre-competition conflicting engagement or travel difficulty that prevents a skater from competing in an event.
 - bye request must be received before the registration deadline of the event
- Injury, illness or equipment breakage during an event.
 - bye request must be received within 48 hours following the end of the event
- Conflicting engagement or travel difficulty immediately prior to an event.
 - bye request must be received within 48 hours following the end of the event

D. Explanation of Bye Request:

E. Recent Results and Competition Plan to Support Bye Request

Recent Results (from an event within 30-days of the event noted in section B):

Event Name:		Event Date:		Event Location:	
Distance	<i>500m</i>				
Best Time	<i>45.03</i>			Overall Rank	# Skaters in Group
Place/Final	<i>1st/B</i>				

Competition Plan (events within 30-days prior or 30-days following the event noted in section B):

Event Name: _____ Event Date: _____ Event Location: _____
 Event Name: _____ Event Date: _____ Event Location: _____
 Event Name: _____ Event Date: _____ Event Location: _____

F. Supporting Documents:

- Doctor's note
- Official's note
- Other

G. Signatures

Skater: _____ Parent/Guardian: _____ Coach: _____
 Date: _____ Date: _____ Date: _____

OFFICE USE		
Date Received:	Time:	Signature: