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| Logo  Description automatically generated | |  |  |
| Regional MeetHosted by (name of club) | | | |
| Date: |  | | |
| Location: |  | | |
| Skater Eligibility: | Skaters aged 4-9 with a Speed Skating Ontario Club Membership. | | |
| Health Measures: | Please stay home if you are feeling unwell. | | |
| Sanctioned By: | Speed Skating Ontario | | |
| Entry Fee: | $ per person. No refunds after the close of registration. | | |
| Entry Deadline: | (date) | | |
| Entries via: | All skaters must register (suggestions- link to a google form or through their club). | | |
| Check In: | Coaches should notify the host club if any skaters are absent before racing begins. | | |
| Volunteers: | Please let us know if you are interested in volunteering by | | |
| Coaches: Coaches will meet prior to the start of racing | | | |
| Officials: Officials will meet prior to the startof racing. | | | |
| Meet Contact: |  | | |
| Equipment: | Please see D3-100 in the [SSC Red Book](https://www.speedskating.ca/events/rules). | | |