





Ontario Provincial Circuit Midseason Meet

Hosted by London Speed Skating Club

Date:	Saturday December 7, 2024 - Sunday December 8, 2024
Location:	Western Fair Sports Centre 865 Florence St, London, ON, N5W 6G6 (London Major Appliances Rink) The Western Fair Grounds is located on the traditional territories of the Anishinabewaki, Attiwonderonk, and the Mississauga peoples.
Format:	Ability seeding. Mixed gender racing. All points format. Relays may be included if time allows. Relay priority is for skaters preparing to represent Ontario at Canadian Youth Short Track Championships. See Technical Bulletin for additional details.
Skater Eligibility:	Skaters aged 9-12 as of July 1, 2024 with a recommended 400m time standard of 1:08.00. Skaters aged 13-29 as of July 1, 2024, that do not meet time standards for the Elite Circuit, or who decline racing in the Elite Circuit. Special Olympic Skaters. Master Skaters All skaters are required to have a Speed Skating Ontario Competitive membership.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario
Entry Fee:	\$125.00 per person. No refunds after the close of all entries.
Entry Deadline:	Wednesday November 27, 2024 at 11:59pm. Late registrations will not be accepted.
Entries via:	All skaters must register through IceReg.
Check In:	Coaches are required to check in and confirm skaters' participation.
Volunteers:	Please let us know if you are interested in volunteering when completing registration through IceReg.
Coaches:	Coaches in the coaches' box must meet the NCCP and SSO requirements indicated in the SSO Technical Bulletin. Coaches are required to register in advance of the meet on the "Meet Information" page on the SSO website. The Coaches Meeting time/location will be shared within 24 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Caunce events@ontariospeedskating.ca
Equipment:	All skaters are required to meet the equipment requirements outlined in the SSC Red Book available on the "Meet Information" page on the SSO website.