

To book please call : 613-767-9370 and book with Kingston Striders 2025
[Holiday Inn Express Kingston West - Kingston,](#)
205 Resource Road Kingston, Ontario

GUESTROOMS & RATES

Holiday Inn Express Kingston West					
		Fri Jan 24		Sat Jan 25	
	Occupancy	Rooms	Rate	Rooms	Rate
Standard Double Queen Room OR King Suite with Pull Out		10	\$174.95	10	\$174.95

*****2 Night Minimum Stay Applied to Friday & Saturday night**

Room Information

- Complimentary wireless internet access at the property
- Complimentary use of Fitness facilities
- Complimentary on-site parking
- Complimentary breakfast