



East Regional Meet

Hosted by Quinte Blades Speed Skating Club

Date:	November 19, 2023
Location:	Quinte Sports & Wellness Centre, 265 Cannifton Road, Belleville Mackay Arena. Belleville is located on the traditional territory of the Anishinaabe, Huron-Wendat and Haudenosaunee people. The land lies on unceded Indigenous territory.
Skater Eligibility:	East Regional skaters with Speed Skating Ontario Club Membership age 8 and under and novice skaters 9 to 13 years.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario
Entry Fee:	\$45 per person. No refunds after the close of registration.
Entry Deadline:	Friday November 10, 2023 at 11:59pm.
Entries via:	All skaters must register with their home club registrar. Registrars please send completed club entry forms (Link) to quinte.blades@gmail.com This Regional Meet will run in conjunction with Ontario Provincial East #2, events and entries will be confirmed once registrations are received.
Check In:	8 AM Coaches should notify the host club if any skaters are absent before racing begins.
Volunteers:	Please let us know if you are interested in volunteering by email to Christine McMaster or Janet McCue
Coaches:	Coaches will meet prior to the start of racing
Schedule:	NO ON-ICE WARM UPS Duration approximately 4 hours, to be confirmed.
	Christine McMaster gochristine5@gmail.com or Janet McCue janetrmccue@gmail.com,
Equipment:	Please see D3-100 in the SSC Red Book .
